



Who is this for?

This qualification is typically delivered over 3 days. It is for those working in higher risk workplaces, or lower risk workplaces with larger numbers of staff and visitors.

The qualification is open to those over 14 years of age, however only those over 16 can act as a sole first aider within a workplace.

Key points

- Regulated qualification
- Meets HSE requirements
- 18 Guided learning hours (3 days)
- Valid for 3 years
- Certificate included
- Assessed by MCQs and practical observation

Course content

This qualification has been developed to meet the first aid training requirements outlined by the H.S.E.

- The course includes:
- First aid in the workplace
- Responsibilities of the first aider
- Primary survey
- Unconscious casualty management
- Resuscitation
- Choking
- Shock
- Wounds and Bleeding
- Heart attack
- Anaphylactic shock
- Head injuries
- Stroke
- Seizures
- Diabetes
- Fractures
- Poisons



Why choose this course?

The **3-day First aid at work course** is suitable for people aged 16+ who might need to provide first aid by responding to a wide range accidents, injuries, and illnesses that they could encounter in their workplace.

It is ideal for organisations whose needs assessment has identified a requirement for additional first aid training, such as having employees with a disability or a medical condition.

Course Cost?

We will deliver the 3-day Emergency first aid at work course at your venue for £140.00 per person based on a minimum of 10 candidates and a maximum of 12 candidates.

To book:

Please call on 07822 010950 or email: info@harrisflyntraining.co.uk