



Who is this for?

This qualification is typically delivered over 1 day. It is for those working in lower risk workplaces, or higher risk workplaces with a small number of staff and visitors.

The qualification is open to those over 14 years of age, however only those over 16 can act as a sole first aider within the workplace.

Key points

- Regulated qualification
- Meets HSE requirements
- 6 Guided learning hours (1 day)
- Valid for 3 years
- Certificate included
- Assessed by MCQs and practical observation

Course content

This qualification has been developed to meet the first aid training requirements outlined by the H.S.E.

- The course includes:
- What is first aid?
- First aid in the workplace
- Responsibilities of the first aider
- Primary survey
- Unconscious casualty management
- Resuscitation
- Choking
- Shock
- Wounds and Bleeding
- Minor burns
- Seizures

Additional topics can be delivered on request although delivery time may need to be extended.



Harris Flynn
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Why choose this course?

This 1-day Emergency first aid at work course is suitable for people aged 16+ who might need to provide first aid to someone who is injured or becomes ill while at work.

It is ideal for organisations whose first aid needs assessment has identified a requirement for someone to hold a current emergency first aid at work qualification. If your needs assessment identifies a requirement for additional first aid training (e.g. due to having employees with a medical condition), we recommend the 3 day First aid at work course which teaches the skills to recognise and treat a wider range of injuries and medical conditions.

It gives learners the skills and confidence to respond to a range of accidents and first aid emergencies they could encounter in the workplace.

Course Cost?

We will deliver the 1-day Emergency first aid at work course at your venue for £58.00 per person based on a minimum of 10 candidates and a maximum of 12 candidates.

To book:

Please call on 07822 010950 or email: info@harrisflyntraining.co.uk